



CENTRE REGION COUNCIL OF GOVERNMENTS
PROCLAMATION 2023-2

A PROCLAMATION RECOGNIZING JULY AS PARK AND RECREATION MONTH AND
JULY 21, 2023, AS PARKS AND RECREATION PROFESSIONALS DAY
IN THE CENTRE REGION

WHEREAS, parks and recreation is an integral part of communities throughout this country, including the Centre Region; and

WHEREAS, parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation is a leading provider of healthy meals, nutrition services, education; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports, and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation are fundamental to the environmental well-being of our community; and

WHEREAS, parks and recreation is the essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS, Centre Region Council of Governments and Centre Region Parks and Recreation recognize the benefits derived from parks and recreation resources and the immeasurable contributions made by parks and recreation professionals in our communities;

NOW THEREFORE, the Centre Region Council of Governments proclaims July as Park and Recreation Month in the Centre Region and July 21, 2023, as Parks and Recreation Professionals Day and encourages all residents to explore parks in the Centre Region and to learn more about recreation programs at www.crpr.org.

Attest:

By:

A blue ink signature of Eric Norenberg, written over a horizontal line.

Eric Norenberg
Executive Director, Centre Region COG

A blue ink signature of Jesse Barlow, written over a horizontal line.

Jesse Barlow
Chair, Centre Region COG