

Application: State College - Centre Region | 00305

Started at: 4/21/2016 11:04 AM - Finalized at: 8/16/2016 11:37 AM

Round: Fall 2016

Page: BFC: Application Intro

Question	Answer
Community Name:	State College - Centre Region
Has the community applied to the Bicycle Friendly Community program before?	Yes
<i>If awarded, the following links will appear on your BFA Award Profile on the League's Connect Locally Map.</i>	
Community Website: (if applicable)	www.crcog.net
Community's Twitter URL: (if applicable)	
Community's Facebook URL: (if applicable)	https://www.facebook.com/centreregionalplanning/

Page: BFC: Contact Information

Question	Answer
Applicant First Name	Trish
Applicant Last Name	Meek
Job Title	Senior Transportation Planner
Department	Centre Regional Planning Agency

Employer	Centre Region COG
Street Address (No PO Box, please)	2643 Gateway Drive Suite 4
City	State College
State	Pennsylvania
Zip	16801
Phone #	8142313050
Email Address	Tmeek@crcog.net
List the names, email address and affiliation of all other individuals that are working with you on this application.	<p>Anna Nelson, President, CentreBike, morrison.anna@gmail.com</p> <p>Kelly Doyle, AmeriCorps Member, State College Borough, doylekelly7@gmail.com</p> <p>Courtney Hayden, State College Borough, chayden@statecollegepa.us</p>
List all bicycle, active transportation, and transportation equity advocacy groups in your community, if any. Provide the name and email of the primary contact for each group. NOTE: If the primary contact of a group is already listed above, please list an alternative contact.	<p>CentreBike, Paul Rito, Vice President, paul@rito.us</p> <p>State College Cycling Club, Joe Lundberg, President, Jelsr124@comcast.net</p> <p>Nittany Mountain Biking Association, Neil Millar, President, president@nittanymba.org</p> <p>Active Lions, Melissa Bopp, Associate Professor, mjb73@psu.edu</p> <p>CentreMoves, Jeannine Lozier, Executive Committee, JLozier@mountrnittany.org</p> <p>Penn State Cycling Club, Sam Carroll, President, snc5178@psu.edu</p> <p>Centre Region Bicycle Advisory Committee, Lydia Vandenberg, Secretary, lbvanden@gmail.com</p> <p>See Jane Ride, Carla Myers, Chief Executive Jane, info@seejaneridebicycletours.com</p> <p>Women's Adventure Club, Lisa Wandel, Organizer, http://www.meetup.com/Womens-Adventure-Club-of-Centre-County/</p>

Page: BFC: Community Profile

Question	Answer
	Please note: The application will refer to your type of jurisdiction as 'community' throughout the application, which should not

include any bicycle amenities, services and other resources outside your boundaries.

A1. Name of Community: (Please omit "City of", "Town of", etc.)	State College - Centre Region
A2. County/ Borough/Parish:	The Centre Region (College, Ferguson, Halfmoon, Harris and Patton Townships and State College Borough)
A3. State:	Pennsylvania
A4. Link to map of community boundaries: (e.g. Google Maps)	http://www.crcog.net/vertical/sites/%7B6AD7E2DC-ECE4-41CD-B8E1-BAC6A6336348%7D/uploads/CRBasic_PaLocation.pdf
A5. Please list all Census-defined geographies (e.g. a Census Designated Place or County) that you would like us to use for commuting, demographic , and other data collection. Please pick the fewest geographies that accurately capture your community boundaries. If you are not sure of the best geographies, please refer to the Reference Maps available through the Census Bureau's American Factfinder website.	College Township, Ferguson Township, Halfmoon Township, Harris Township, Patton Township and State College Borough in Centre County , PA
A6. Type of Jurisdiction	Regional Planning Organization
A7. Size of community (in sq. mi. of land area)	150.2

A8. Total Population:	92096
A9. Population Density: (Person per sq. mi. of land area)	613.2
A10. Which of the following best describe your community? Check all that apply.	Urban core surrounded by low density suburban areas, Small town, Rural
A11. What is the street network density? (centerline miles of road per sq. mi. of land area)	Less than 5.0
<i>(For internal use only.)</i>	
Name	L. Eric Bemier
Title	Chair, Centre Region Council of Governments
Street Address	2634 Gaterway Drive
City	State College
State	Pennsylvania
Zip	16801
Phone	814-231-3050
Email	ebemier@catabus.com

Page: BFC: Engineering

Question	Answer
B1. Does your community currently	None of the above

have any of the following policies in place?	
B2. Does your community have bicycle facility selection criteria that increases separation and protection of bicyclists based of levels of motor vehicle speed and volume?	No
B3. Does your community currently have any of the following policies in place that promote shorter distances between homes and destinations? Check all that apply.	Mixed-use zoning or incentives, Planned Unit Development zoning, Transit Oriented Development ordinance or program
B4. Does your community currently have any of the following street design policies in place that promote a more comfortable cycling environment? Check all that apply.	None of the above
B5. Does your community currently have any of the following additional policies in place? Check all that apply.	Paid public parking , Shared-parking allowances
B6. How do engineers and planners learn how to accommodate bicyclists according to the most current AASHTO or NACTO standards? Check all	Staff participate in bicycle-specific conferences/trainings/educational tours, Webinars , Training by outside consultant/advocate

that apply.	
B7. What policies or programs increase the amount of end-of-trip facilities for bicyclists? Check all that apply.	Public uncovered bike racks, Public covered bike racks, Ordinance that allows bike parking to substitute for car parking
B8. What, if any, end-of-trip facilities are available to the general public in your community? Check all that apply.	Publicly accessible bicycle repair stations, Publicly accessible air pumps
B9. Do your standards for bicycle parking: Check all that apply.	No standards
B10. What percentage of public and private bike racks conform with APBP guidelines? Review APBP's Bike Parking Guidelines here.	11-25%
B11. Is there a program (e.g. publicly funded, public-private partnership, or development regulation) that provides or increases bike parking at any of the following locations? Check all that apply.	None of the above
B12. Does your community have a rail transit or bus system?	Yes
B12a. Are bikes allowed inside transit vehicles, including	Only if the external bike rack is full, At driver's discretion/If space permits, Folding bikes are allowed in folded position

buses? Check all that apply.	
B12b. What percentage of buses are equipped with bike racks?	100%
B12c. What percentage of transit stops are equipped with secure and convenient bike parking?	10% or less
B12d. Has your community made specific bicycle infrastructure investments around major transit stops to improve accessibility?	Yes
Please describe any bicycle infrastructure investments around major transit stops that have improved accessibility.	CATA does not own or maintain any bike parking facilities other than on its own property (Whitehall Road and Downtown), but CATA frequently asks for facilities as part of the land development plan review process. A number of such facilities are under the control and maintenance of private landowners. The Stadium West Transit Hub has convenient covered bike parking as well as a bicycle repair station and is served by a bike lane.
B12e. How are residents and visitors encouraged to combine cycling and public transportation? Check all that apply.	Cyclists can practice mounting their bike on a bus bike rack at community events, Video describing bike rack use/how to store bikes inside a transit vehicle
B13. Are there any off-street facilities within your community's boundaries that can be legally used by bicyclists?	Yes
Answer all that apply. (in miles)	
Paved shared use paths (≥10 feet)	11.5

Paved shared use paths (≥ 8 and <10 feet)	13.6
Unpaved shared use paths (≥ 10 feet)	1.4
Unpaved shared use paths (≥ 8 and <10 feet)	2
Singletrack	125
B13b. Which of the following features are provided for bicyclists and pedestrians at off-street path crossings of roads with posted speed limits above 25 mph? Check all that apply.	Bike/pedestrian overpasses/underpasses, Path crossing with high visibility markings/signs/HAWK signals/ Rapid Flashing Beacons, Signalized crossings
B13c. What measures have been taken to improve the safety and convenience of bicyclists on off-street paths? Check all that apply.	“Cut-throughs” that improve network connectivity for bicyclists (e.g. connecting dead-ends or cul-de-sacs), Off-street way-finding signage with easily visible distance and/or riding time information for bicyclists while riding, Signage or markings to designate right-of-way on shared-use paths, Education/awareness campaign about shared-use path etiquette
Sweeping	Annually
Vegetation maintenance	As needed
Snow and ice clearance	After roadways
Surface repair	Within one week of complaint
B14. What is the centerline mileage of your total road network (including federal,	472.26

state, county and private roads)?	
(in centerline miles)	
≤25mph	318.26
>25mph and ≤35mph	90
>35mph	64
B16. Does your community have on-street bicycle facilities?	Yes
B16a. Are there any on-street bicycle facilities on roads with posted speeds of ≤ 25mph?	Yes
Answer in centerline miles. Write "0" if facility is not present in community.	
Bike boulevards	0
Shared lane markings (not counted under Bicycle Boulevards)	0
Wide paved shoulders (ridable surface ≥4 feet, and minimum clear path of ≥4 feet between rumble strips)	11.25
Bike lanes (incl. standard, contra-flow, left-side) (ridable surface ≥4 feet)	4.9
Buffered bike lanes	0
Protected bike lanes (one-way or two-way)	0
Raised cycle tracks (one-way or two-way)	0

B16b. Are there any on-street bicycle facilities on roads with posted speeds of >25mph and ≤35mph?	Yes
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Answer in centerline miles. Write "0" if facility is not present in community.

Shared lane markings	0
Wide paved shoulders (ridable surface ≥4 feet, and minimum clear path of ≥4 feet between rumble strips)	35
Bike lanes (incl. standard, contra-flow, left-side) (ridable surface ≥4 feet)	4.5
Buffered bike lanes	0
Protected bike lanes (one-way or two-way)	0
Raised cycle tracks (one-way or two-way)	0
B16c. Are there any on-street bicycle facilities on roads with posted speeds of >35mph?	Yes

Answer in centerline miles. Write "0" if facility is not present in community.

Wide paved shoulders (ridable surface ≥4 feet, and minimum clear path of ≥4 feet between rumble strips)	68
Bike lanes (incl. standard, contra-flow, left-side) (ridable surface ≥4 feet)	2.4

Buffered bike lanes	0
Protected bike lanes (one-way or two-way)	0
Raised cycle tracks (one-way or two-way)	0
Sweeping	After other travel lanes
Snow and ice clearance	After other travel lanes
Pothole maintenance/ surface repair	Within one week of complaint
B17. Within the last five years, has your community ever removed a bicycle facility without an improved replacement?	No
B18. How has your community calmed traffic? Check all that apply.	Physically altered the road layout or appearance , Lane diets, Speed feedback signs/cameras
B19. In what other ways has your community improved riding conditions and amenities for on-street bicyclists? Check all that apply.	Roundabouts that accommodate bicycles , Removal of on-street car parking, Signed bike routes, Bicycle-friendly storm sewer grates
B20. Are there any signalized intersections in your community?	Yes
B20a. Which of the following accommodations are available at signalized	Video or microwave detection for demand-activated signals, Push-buttons that are accessible from the road, Refuge islands, Right corner islands (“pork chops”)

intersections to improve conditions for bicyclists?	
<i>Exclude any private bike sharing systems that are limited to employees of a certain business or students of a certain university.</i>	
B21. Does your community currently have a community-wide bike sharing program that is open to the general public?	No
<p>Bike share programs are becoming popular and can contribute to making it possible for more people to choose to bike more often. In many communities bike share programs are large investments and it is important that they are sustainable in order to provide a dependable system for people in the community. While bike share programs are important and encouraged, having one is not essential to receiving a Bicycle Friendly Community award, particularly for smaller communities or non-urban communities.</p>	
B22. Which of the following bicycling amenities are available within your community boundaries? Check all that apply	Bicycle-accessible skate park, Snow/Fat tire bike trails
B23. Which of the following safety amenities are available in your community? Check all that apply	None of the above
B24. Describe any other policies, amenities, infrastructure improvements or maintenance programs that your community provides or requires that create a comfortable and attractive bicycling environment for bicyclists of all ages	<p>The community has grade separated crossings/underpasses along a number of high volume roadways. AADT included in parentheses: Tunnel under Blue Course Dr (9,300), College Twp Bikeway Tunnel under College Avenue (18,400), Bellefonte Central Rail Trail and Farm Services Road Tunnel under Mt Nittany Expressway (40,400), and the IST Overpass over North Atherton Street (21,500).</p> <p>State College recently installed four bike repair stations at key locations along the regional shared use path network and additional locations are being considered in Ferguson Township. These stations are in addition to the five repair stations that are located on the Penn State campus.</p> <p>PennDOT has started to engage the bike community in the planning stages of state funded infrastructure projects and provides press releases about construction and maintenance activities to the bike community. CentreBike provides detailed detour mapping and information via their</p>

and abilities.

Use this space to expand on answers checked above, or to describe additional facilities or physical amenities provided that have not yet been covered.

listserv and website. Local municipalities also provide information about maintenance and construction activities via email blasts and websites. Recently PennDOT held several meetings to provide the public the opportunity to comment on the proposed project to ensure all type of bicyclists are accommodated in the SR 3010 Warner Boulevard Reconstruction Project. The redesign included reducing the speed limit from 45 to 35 and narrowing travel lanes from 12 to 11 feet and providing wide shoulders for bikes.

When feasible new signals will be installed using detection methods that work well for bike detection that do not need require bike accessible push buttons or identification of loop locations to place a call for signal actuation.

The Centre Region municipalities currently perform winter maintenance on 21 miles of the shared use path network many of which are commuter corridors. NMBA organizes trail maintenance events. In 2015, 475 volunteer hours were dedicated to singletrack maintenance activities. Although there is not a formalized regional mechanism to report maintenance issues that impact bicyclists citizens can contact CentreBike or post to the listserv and information is forwarded to the appropriate municipal staff to address the concern. This process has been very effective related to vegetation and facility surface.

When Penn State University decided to replace their bike racks with newer models, the bicycling community and PSU recognized an opportunity. Local nonprofit CentreBike will buy the racks, and facilitate their delivery and donation to locations that lack them. In late August 2016, CentreBike will donate and deliver the first rack to a public elementary school. When available the next four racks will be provided to a regional nature center and three locally-owned restaurants. All five locations are within 100 feet of existing (or planned) designated bike routes, and four do not currently have racks for cyclists. All are excited to participate! The program is expected to continue as Penn State replaces older racks. Plans are underway to share with media and solicit additional locations.

Page: BFC: Education

Question	Answer
C1. Do any public or private elementary schools offer regular bicycle education to students?	Yes
C1a. What percentage of your public and private elementary schools offer bicycle education? Private schools with	51-75%

fewer than 25 students do not need to be counted for this percentage.	
C1b. What type of bicycle education is offered?	Bicycle safety presentation with no on-bike component
C1c. Are bicycles provided to students by the school district, police, non-profit or other entity to allow every student the opportunity to participate in on-bike instruction?	No, bicycles are not provided
C2. Do any public or private middle schools offer regular bicycle education to students?	Yes
C2a. What percentage of your public and private middle schools offer bicycle education? Private schools with fewer than 25 students do not need to be counted for this percentage.	51-75%
C2b. What type of bicycle education is offered?	Mandatory on-bike education
C2c. Are bicycles provided to students by the school district, police, non-profit or other entity to allow every student the opportunity to participate in on-bike instruction?	Yes, bicycles are provided to all students

<p>C3. Do any public or private high schools offer regular bicycle education to students?</p>	<p>Yes</p>
<p>C3a. What percentage of your public and private high schools offer bicycle education?</p> <p>Private schools with fewer than 25 students do not need to be counted for this percentage.</p>	<p>51-75%</p>
<p>C3b. What type of bicycle education is offered?</p>	<p>Optional on-bike education</p>
<p>C3c. Are bicycles provided to students by the school district, police, non-profit or other entity to allow every student the opportunity to participate in on-bike instruction?</p>	<p>Yes, bicycles are provided to all students</p>
<p>C4. Outside of schools, how are children and youth taught safe cycling skills? Check all that apply.</p>	<p>Bike clinics or rodeos, Bicycle safety is taught as part of driver education curriculum</p>
<p>C5. Are bicycle safety or riding skills-related classes or hands-on instruction offered to adults in your community?</p>	<p>Yes</p>
<p>C5a. What type of classes are available</p>	<p>Classes that include on-bike instruction, Classroom-based classes , Information sessions/workshops</p>

for adults? Check all that apply.	
C5b. What topics are covered in these classes? Check all that apply.	Introduction to bicycling/Learn to ride/Bike handling basics, Safe riding skills/habits, Bicycle maintenance, Sharing the road, trail, or path with vehicles or pedestrians, Bike commuting basics
C5c. Who teaches these classes? Check all that apply.	League Cycling Instructor, Local bike shop employee, Local bicycle advocate
C5d. On average, how often are these classes offered?	Annually
C5e. Are bicycles provided to adults by the community, police, non-profit or other entity to allow every resident to participate in on-bike instruction?	No
C6. Which of the following communications methods are used to share bicycle information with adults in your community? Check all that apply.	Community-wide public education campaign, Videos on community website/TV channel/social media, Bike-specific website or social media accounts for community, Community newsletter (print or digital), Community maps (print or digital), Handouts or brochures, Welcome packet for new residents, Table or booth at community events
C7. Which of the following information is shared using the methods checked above? Check all that apply.	Introduction to bicycling/Learn to ride/Bike handling basics, Sharing the road, trail, or path with vehicles or pedestrians, Commuting tips and resources, Traffic laws/ rules of the road, Equipment, gear, and accessories, Riding in inclement weather
C8. Do any of the above educational classes, resources, or programs for adults specifically target any of the following traditionally-underrepresented	None of the above

groups? Check all that apply.

C9. In what ways have motorists in your community been educated on sharing the road safely with bicyclists of all ages and abilities? Check all that apply.

Public service announcements, Share the Road educational videos on community website/TV channel/social media, Community newsletter/magazine article/blog, Share the Road, Bicycles May Use Full Lane, or other bicycle-related traffic signs, Responsibilities towards bicyclists while sharing the road included in driver's education and testing

C10. Which of the following groups of professional drivers receive training that includes information on sharing the road with bicyclists? Check all that apply.

None of the above

C11. How many League Cycling Instructors are active (have taught a class in the last year) in your community?

2

[Learn more about the League Cycling Instructor \(LCI\) program](#), or [search for LCIs in your community](#).

C12. Are any of the following educational materials published by the League of American Bicyclists provided to community residents and/or businesses?

Smart Cycling Education videos

Learn more about the League's [Smart Cycling materials](#) and [videos](#).

C13. Describe any other education efforts in your community that promote safe cycling.

Use this space to expand on answers checked above, or to describe additional educational programs or services that have not yet been covered.

Bike-related classes are held several times per year. Our two LCIs teach classes such as the 2016 bike touring class. CentreBike, also holds classes, like the fall 2015 "Winter Maintenance" class with Freeze/Thaw bike shop. This year, Centre Region Parks and Recreation will hold two bicycle classes: "Bicycle Street Skills" class using our LCIs and "Biking in the Centre Region 101" classroom workshop.

The Region and CentreBike regularly posts to Facebook with tips and pointers, including occasional Smart Cycling videos from the League. CentreBike also has an active listserve for disseminating this information. Both the Regional Planning Office, as well as Penn State and State College include bike education on their sites. CentreBike joins these organizations to table in downtown State College at least four times per year where handouts are distributed, including "Share the Path" info, bike maps, and other materials. Share the Path is a regional effort that includes signage, rules, and education about shared use paths, to increase safety among users.

For the past year, 1 hour of motorist education (about sharing the road with bicycles, and bicycle state law) has also been given to the 400+ high school students as part of the driver's ed program. Variable message signs were erected by police and PennDOT on several core arterial roads of our region for one week in both fall 2015 and spring 2016 to remind motorists to "give bicycles 4 feet while passing." CentreBike additionally posted about the effort in social media, spoke at public government meetings, and worked with local media.

At the beginning of each school year, the Borough distributes Living In One Neighborhood guides with information about bicycle registration and how to get additional information about biking to over 700 homes. Additionally, every new homeowner in the Borough is hand delivered a welcome packet with a one-page information sheet on bicycle regulations and safety information.

State College Borough worked with Penn State COMM 473 Students to create a "Why Did ___ Cross the Road?" education campaign. As part of the effort, students conducted awareness, origin/destination, effective campaign design and messaging research. The outcome of the research is a public safety campaign plan that recommends "safety weeks" occurring once during the fall and once during the spring semester that will target Penn State students, high-school students, and State College residents. The main idea of the public relations campaign is to get the target audiences to become more mindful of how they behave when crossing the street and following laws.

Page: BFC: Encouragement

Question	Answer
D1. Which of the following community-wide bicycle encouragement	None of the above

<p>programs or policies exist in your community? Check all that apply.</p>	
<p>D1a. Please provide links for any programs checked above:</p>	
<p>D2. What other groups actively promote bicycling in the community? Check all that apply.</p>	<p>Tourism Board</p>
<p>D3. Does your community actively promote the League of American Bicyclists' Bicycle Friendly Business (BFB) or Bicycle Friendly University (BFU) programs in your community?</p>	<p>Yes</p>
<p>D4. What up-to-date mapping and route-finding information is available for your community? Check all that apply.</p>	<p>Smart phone app, Printed/digital bicycle network map , Printed/digital mountain bike trails map</p>
<p>D5. How is National Bike Month/your own dedicated Bike Month promoted in your community? Check all that apply.</p> <p>Learn about National Bike Month and see the League's National Bike Month Guide for ideas to improve your community's Bike Month efforts.</p>	<p>Official Proclamation, Community-wide Bike to Work Day/Week, Community Rides, Mayor-led/Council-led Ride, Public Service Announcements, Publish a guide or calendar of Bike Month Events, Challenges aimed at students biking to school, National Bike Challenge/Global Bike Challenge, Bike Commuter energizer stations/breakfasts, Mentoring program for new riders</p>

<p>D6. How is bicycling promoted in your community outside of Bike Month? Check all that apply.</p>	<p>Community and charity rides, Videos on bicycling on community website/TV channel, Public Service Announcements, Trail construction or maintenance day, National Bike Challenge/Global Bike Challenge, Triathlons and bicycle races, Bike commuter events, Publish a guide or calendar of community bicycle events, Mentoring program for new riders, Winter Bike to Work/School Day(s), Bicycle-themed festivals/parades/shows, Community celebration/ride each time a bicycle project is completed</p>
<p>D7. Are any bicycle events specifically marketed to any of the following traditionally underrepresented groups? Check all that apply.</p>	<p>Women</p>
<p>D8. How does the municipality sponsor or actively support bicycle events in the community? Check all that apply.</p>	<p>Organize event(s), Contribute in-kind funding (i.e. police presence, closing roads, etc.), Assist in promoting event(s)</p>
<p>D9. Are any of the following cycling clubs/groups active in your community? Check all that apply.</p>	<p>Recreational bike clubs, Mountain bike clubs, Racing clubs or teams, Women-only ride groups</p>
<p>D10. Does your community have any of the following youth programs centered on encouraging bicycling for children and youth? Check all that apply.</p>	<p>None of the above</p>
<p>D11. What is the ratio of for-profit specialty bicycle retailers (shops dedicated primarily to selling bikes and bike-related equipment) to population within your community's boundaries?</p>	<p>1 shop for every 15,001-30,000 residents</p>

<p>D12. Is there at least one bike co-op or non-profit community bike shop within the community's boundaries?</p>	<p>No</p>
<p>D13. Describe any other events, programs or policies your community has to encourage bicycling.</p> <p>Use this space to expand on answers checked above, or to describe additional encouragement efforts that have not yet been covered.</p>	<p>We regularly tout our League BFBs, BFU, and BFC status in local news outlets, on government websites, in printed materials, and through community forums.</p> <p>National Bike Month is led by promotions from CentreBike, including organized rides (like a Ride with the Mayor), free coffee for bike commuters, tabling in town, and other bike-related events. The State College Borough proclaims National Bike Month annually, and this year, the County Comissioners did too. The two middle schools host a "Battle of the Bikes" annually to see who can organize more students riding to school. This year, 123 students biked to school that day. Other events during the year include an Annual Winter BTW Day, ribbon-cutting (for new paths, repair stations, etc.), and many local rides and races (from clubs and bike shops, or organized for competitive or charity). A weekly women's mountain bike ride happens all summer long, as well as 5-6 women's road rides in the warmer season.</p> <p>The CRPA is working to roll-out a new, digital bicycle network that will be updated regularly to show all official (and unofficial) bike routes in the community. Penn State also has an Active Lions app, which provides route finding and tracking unique to our community.</p> <p>Our region's tourism board is a strong supporter that sits on our Bicycle Advisory Board, and regularly offer supports and/or funds to further bicycle projects. Our local food co-op offers "delivery by bike" as an option each week.</p> <p>The Active Lions program is a multi-faceted approach to increasing walking and biking to and on campus for Penn State faculty, staff and students but is also open to the general public. The program includes the development of a social marketing campaign with messages promoting walking and biking, participation in on-campus events promoting biking, social media (Facebook and Twitter) encouraging walking and biking and a tailored smartphone app. The smartphone app includes route planning, trip logs, goal setting, rewarding information and tips for engaging in more walking and biking. The program was launched in August 2014 for the 2014-15 academic year and is ongoing.</p> <p>The Annual Centre Region Parks and Recreation (CRPR) Kids on Wheels Parade is a long standing tradition on the morning of July 4th. Kids, parents & grandparents arrive at the corner of Locust Lane and Foster Ave with scooters, tricycles, bikes, wagons, etc. decorated with a variety of red, white and blue decorations. For many folks this is their favorite way to start the 4th of July holiday and have been attending for years. The parade heads to Friedman Parklet for watermelon, yard games and a singing of "Happy Birthday to US!" Participants are invited to join CRPR staff the evening before at Holmes-Foster Park to decorate. Streamers and tape supplied free of charge.</p> <p>In summer 2016 CentreBike assisted local businesses apply for Bicycle Friendly Business</p>

designation and has pledged to cover application fees for up to four businesses annually. As part of the effort a Centre Region Guide to Becoming a Bicycle Friendly Business has been prepared. The Guide includes information about the benefits of biking and includes a sample employee survey, fact sheets and tax benefit information.

On Tuesday, Aug 30th, CentreBike will participate in LION Bash with an information table located near the new bike repair station across from the Borough Building. The “engagement station” will be Slow Bike Races and “CentreBike.org” bike lights will be awarded as prizes.

Page: BFC: Enforcement & Safety

Question	Answer
E1. How does your police department interact with the local cycling community? Check all that apply.	A police officer is an active member of or regularly attends meetings of the bicycle advisory committee, Identified law-enforcement point person to interact with bicyclists, Police department assists with bicycle events/rides, Police department hosts bicycle events/rides, Officers provide bike safety education, Officers distribute bike safety/theft deterrent information, Police officers report potential hazards to traffic engineers and planners to identify sites in need of safety improvements for bicyclists
E2. What percentage of patrol officers are regularly on bikes?	21-50%
E3. What other public or private bicycle safety programs are in place? Check all that apply.	Helmet giveaways, Volunteer trail watch programs/patrols
E4. What kind of bicycle-related training is offered to police officers? Check all that apply.	Basic academy training, International Police Mountain Bike Association training
E5. Are there any local ordinances or state laws that protect bicyclists in your community? Check all that apply.	Specific penalties for failing to yield to a cyclist when turning , It is illegal to park or drive in a bike lane (intersections excepted), Penalties for motor vehicle users that 'door' bicyclists, Ban on texting while driving, Safe passing distance law, It is illegal to harass a cyclist

E6. Do any local ordinances in your community place restrictions on bicyclists? Check all that apply.	Mandatory bike registration, Restrictions on sidewalk riding inside the Central Business District
E7. Which of the following bicycle-related enforcement practices exist in the community? Check all that apply.	None of the above
E8. How does your community use traffic citation data? Check all that apply.	Analysis and reports are published and made available to the public on a regular basis, Data is only available to the public by FOIA request, Data/reports are shared with transportation agencies to improve infrastructure
E9. Is there a specific plan, policy or program to further increase bicycle safety in your community?	None of the above
E10. Do police officers report bicyclist crash data?	Yes
E10a. On average over the past five calendar years, how many bicyclists have been in a crash involving a motor vehicle annually?	20
E11. On average over the past five calendar years, how many bicyclists have died due to a crash involving a motor vehicle annually?	0

<p>E12. Describe any other enforcement or safety programs/policies relating to bicycling.</p> <p>Use this space to expand on answers checked above, or to describe additional enforcement or safety programs or policies that have not yet been covered.</p>	<p>During bike stops officers verbally educate cyclists on lawful and safe riding practices. Officers are also the lead in bike rodeos and educate students, visitors on bicycle/pedestrian motorist safety as well as proper helmet fitting. Each spring, State College Borough police offices perform “Bike Light Details” where officers stop bikes without lights in State College Borough and give them warnings.</p> <p>Penn State's Bicycle Education and Enforcement Program (BEEP) will launch during the Fall 2016 semester. This will support updates to University Policy SY16 that involve the enforcement of cyclist infractions. The enforcement component will allow University Police officers to issue cyclist specific tickets. First-time offenders will have the chance to divert their tickets if they pass the educational component online. This educational component will consist of an online training module with a quiz at the end. The quiz’s question bank was also created with community and local LCI input. The program has been approved and is currently awaiting the completion of the customized online module</p>
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Page: BFC: Evaluation & Planning

Question	Answer
<p>F1. Is there a bike program manager or primary point of contact for bicycling issues at your local government?</p>	<p>Promoting bicycling is a part of someone’s official job description but they have other responsibilities as well.</p>
<p>F1a. Provide contact information if different from applicant.</p>	<p>Trish Meek</p>
<p>F2. Is there a Safe Routes to School Coordinator?</p>	<p>Currently, no one is focused on Safe Routes to School educational programs and infrastructure improvements.</p>
<p>F3. How many government employees (including the Bicycle Program Manager and the Safe Routes to Schools Coordinator), expressed in full-time equivalents (FTE), work on bicycle issues in your community?</p>	<p>1</p>

<p>NOTE: A person that spends 1/10 of their time on bicycle issues would be counted as 0.1 FTE.</p>	
<p>F4. Does your local government provide any of the following professional development opportunities for employees who have bicycle-related responsibilities? Check all that apply.</p>	<p>Association of Pedestrian and Bicycle Professionals (APBP) membership, Attend bicycle-related webinars/trainings , Attend bicycle-related conferences , Present at bicycle-related webinars, trainings, or conferences</p>
<p>F5. Does your community have an officially-recognized Bicycle Advisory Committee?</p>	<p>Yes</p>
<p>F5a. How often does the committee meet?</p>	<p>Quarterly</p>
<p>F5b. Provide contact information for the Bicycle Advisory Committee Chair.</p>	<p>Anna Nelson morrison.anna@gmail.com</p>
<p>F6. Does your local government have an internal equity, diversity, and inclusion (EDI) initiative, committee, or position?</p>	<p>No</p>
<p>The League of American Bicyclists' mission is to create a Bicycle Friendly America for everyone. EDI is an important part of ensuring that community investments and practices related to bicycling work for everyone and are not distributed disproportionately to a particular demographic of your community. Everyone deserves safer streets, better mobility, and improved access to community resources and opportunities. We believe that an EDI initiative, committee, or position is important to building a Bicycle Friendly Community so that improvements to bicycling reflect community engagement and areas of need.</p>	
<p>F7. Does your</p>	<p>Yes</p>

community have a comprehensive bicycle master plan or similar section in another document?	
F7a. What year was the plan adopted?	2015
F7b. Provide a link to the plan.	www.crcog.net/bikes
F7c. Is there a dedicated budget for implementation of the plan?	No
F7d. Does your plan include goals (including project lists) that are evaluated annually?	Yes
F7d1. How many goals/projects do you evaluate progress on annually?	5
F7d2. How many goals/projects did you meet annual target for in the most recent calendar year?	2
F7d3. How many goals/projects have you improved your performance on without meeting your target in most recent calendar year?	2
F7e. How have community planning staff reached out to minority, non-English speaking, and/or low-income communities to ensure that they are	The State College – Centre Region is part of the Centre County Metropolitan Planning Organization (CCMPO). The CCMPO has an adopted Public Participation Plan that outlines outreach activities for underserved populations including non-English speaking and low income communities. The Centre Regional Planning Agency provides staff support to the CCMPO and can utilize the same outreach for bicycle planning, programming and education and encouragement activities through use of established CCMPO processes.

included in the decision-making process?	
F8. What other local agencies have a bicycle master plan or similar section in another transportation demand management document? Check all that apply.	Higher education institution(s)
F9. Is community-wide bicycle planning integrated with planning for any of the following: Check all that apply.	Transit stops, Public & private schools (K-12), Higher education institutions
F10. What percentage of the community's total annual transportation budget – on average over the last five fiscal years – was invested in bicycle projects?	1%
F11. Is bicycle-related funding specifically allocated to underrepresented areas of your community? (e.g. low-income neighborhoods, etc.)	No
F12. How does your community collect information on bicycle usage? Check all that apply.	None of the above
F12a. Based on your own data collection, what percentage of all	N/A

utilitarian trips are made by bicycle?	
F12b. Based on your own data collection, what percentage of residents use a bicycle recreationally?	N/A
F12c. Based on your own data collection, what percentage of all bicycle trips are made by women?	N/A
F12d. Based on your own data collection, what percentage of children (K-12) regularly bike to school (outside of Bike to School days)?	N/A
F12e. Based on your own data collection, what percentage of children regularly commute to preschool/daycare by bike? (e.g. in a bicycle child seat or bike trailer)	N/A
F13. Does your community establish target goals for bicycle use? (e.g. a certain level of bicycle mode share)	No
F14. Does your community routinely conduct pre/post bicycle mode share evaluations of bicycle-related road projects?	No

<p>F15. Which of the following mechanisms are in place for bicyclists to identify problem areas or hazards to traffic engineers, planners, and police? Check all that apply.</p>	<p>Online reporting system (e.g. SeeClickFix), Regular meetings, Contact staff directly via call/voicemail/fax/email/text/social media</p>
<p>F16. How has your community conducted a network analysis to evaluate current conditions for bicyclists and identify significant infrastructure barriers to bicycling? Check all that apply.</p>	<p>None of the above</p>
<p>F17. Besides the Bicycle Friendly Community program, what other national programs does your community participate in to improve for bicycling? Check all that apply.</p>	<p>None of the above</p>
<p>F18. Describe any other efforts by your community to evaluate and/or plan for bicycle ridership and/or networks.</p> <p>Use this space to expand on answers checked above, or to describe any additional evaluation & planning efforts that have not yet been covered.</p>	<p>Penn State University performs periodic manual counts, bike rack counts and conducts occasional commuter surveys through the Kinesiology Department. Penn State University also maintains the regional bicycle registration program and database.</p> <p>The University also developed the Active Lions App to track active travel commute patterns to and from campus and this data can be downloaded for analysis.</p>

Page: BFC: Final Overview

Question	Answer
<p>G1. What are the top three reasons your community has made bicycling a priority?</p> <p>Click up to three.</p>	<p>Improved quality of life, Community connectivity, Public demand</p>
<p>G2. Briefly describe the most positive outcome of your community's support for bicycling.</p>	<p>After being formed the Centre Region Bicycle Advisory Committee began providing reports twice a year to the Centre Region COG Transportation and Land Use Committee (TLU). TLU is comprised of six elected officials and Penn State representative and makes recommendations about regional transportation policies and infrastructure. The biannual meetings provide an excellent opportunity for the exchange of information.</p> <p>As part of efforts to increase biking encouragement in the community, local nonprofit CentreBike applied for a \$100,000 grant to start an annual Open Streets program. Partners in the grant application included the local hospital system Mount Nittany Health, Penn State effort Active Lions, the local YMCA, and as tangential supporters, governmental organizations Centre Region Planning Agency and State College Borough. While the group did not receive the grant, the energy and discussion around the potential program resulted in a local donor opening a \$50,000 endowment fund to support all activities to improve the bike-friendliness of the community.</p> <p>We have seen increased participation in biking activities and attendance at events that are sponsored by the municipalities and advocacy organizations. Other areas in Pennsylvania have taken note of the work that has been done in the Region and have asked staff for information on programs that can be implemented in their area.</p>
<p>G3. Describe any improvements that have occurred for cycling in your community since your last application.</p> <p>(Write N/A if this is your first time applying.)</p>	<p>Based on the LAB Feedback Report the State College – Centre Region adopted a comprehensive regional bike plan, established a Bicycle Advisory Committee, installed bike repair stations, instituted a high school drivers' education lesson plan at the State College Area School District, created a digital bike facilities map, encouraged businesses to apply for bicycle friendly business status, provided more bike education opportunities and increased Bike Month activities. In 2016 Bike Month activities included an "Ask a Cyclist" information table, Free Friday Coffee for Bike Commuters locations, Bike Month Rides (Linden Loop, Beginner Mountain Bike, Family Ride Around Town, Lower Level), and a Building a Bicycle friendly Community Forum.</p> <p>The Region also established a Share the Path program that includes uniform rules and etiquette signage which have been installed along the regional shared use path network. There is also an education component program materials are distributed at regional events. The Region also adopted an electric-bike policy to allow e-bikes to operate on the Region's Share Use Path network.</p> <p>At the beginning of each school year, State College Borough also distributes Living In One Neighborhood guides with information about bike registration to over 700 homes. Additionally,</p>

	<p>every new homeowner in the Borough is hand delivered a welcome packet with a one-page information sheet on bicycle regulations and safety information.</p> <p>Six miles of bicycle infrastructure was installed. Additions to the system include the University Drive Ext/Whitehall Road and University Drive Extension bike lanes; and shared use paths being installed along sections of Bristol Avenue, Gray's Woods Boulevard, Circleville Road, and Havershire Road, and well as a connector from the Grove development to the BCRT and Musser Gap Greenway. The shared use path winter maintenance program was expanded to include more key corridors.</p>
<p>G4. What could be done differently in order to make bicycling safer, more enjoyable and/or more convenient in your community?</p>	<p>Increase bicycle education programs for all ages, establish a program to routinely collect bicycle usage information, provide additional information on bicycle routes, adopt bicycle parking guidelines and evaluate a Complete Streets Policy or Bicycle Accommodation Policy.</p>
<p>G5. What specific bicycle-related improvements are planned in the next 12 months that directly affect your community?</p>	<p>West End Bicycle Improvement project will establish a seamless connection from West End of State College to the West Campus section of Penn State University. This connection is critical in providing access from the Gill and Sparks Street bike corridor onto campus.</p> <p>The Waddle Road Bridge Reconstruction will provide for the accommodation of bicyclists across I-99 via on street bike lanes. Waddle Road serves as a critical connection between the Toftrees Planned Community and the greater State College area as the I-99 Corridor creates a physical barrier between the areas. As part of the project green lanes will be installed in high conflict areas. This will be the first use of colored bike lanes in the Region.</p> <p>Warner Boulevard Reconstruction will provide traffic calming benefits by narrowing the cartway width significantly and will install a seven foot sidewalk, grass buffer strip and wide shoulders to accommodate bicyclists on a section of BicyclePA Route G.</p> <p>Penn State will be launching a Bicycle Education and Enforcement Program (BEEP) in fall 2016 and is investigating a university bike share that will be open to the public. PSU is evaluating responses to a campus-wide bike share RFP. PSU initially planned to launch this bike share program by Fall 2016 but the PA state budget impasse impacted the guarantee of their funding source. The launch has been delayed a year with an alternative funding source to be secured during the Fall 2016 semester. Although this delay is unfortunate, this extra time will allow for a more extensive selection and planning process.</p> <p>Construction will begin on the Puddintown Orchard Road Bike Connector. This section of shared use path and bike lanes will provide a seamless connection from the Millbrook Marsh to the existing Orchard Road bike lanes. Currently bicyclists must utilize Orchard Road which lacks shoulders and has two sharp curves. Once completed the bikeway system will connect Boalsburg to the Penn State Campus.</p>
<p>G6. We often get requests for example BFC applications from</p>	<p>Yes</p>

aspiring communities. Are you willing to share your application?	
G7. How did you hear about the Bicycle Friendly Community program?	CentreBike - the local bicycle advocacy group

Page: Supplementary Materials

Question	Answer
<p>Optional: If you would like to share any supplemental materials to support your application, please upload your files here.</p> <p>By submitting photos here, you are granting the League of American Bicyclists the right to use your images to promote bicycling.</p>	
File 1	Link to State College - Centre Region BFC Application Materials Download File
File 2	No File Uploaded
File 3	No File Uploaded
File 4	No File Uploaded
File 5	No File Uploaded
RadioList df4e10df-2135-4d22-be55-ed1ea4e80ee7	Finished uploading